

### AN EYE ON THE BIRDS AND THE OTHER ON THE RIVER

### **PROGRAM OF ACTIVITIES:**

# 1<sup>rst</sup> day:

- Guided tour to Miranda do Douro (built heritage and the Terra de Miranda Museum);
- Canoeing in the Douro River.

## 2<sup>nd</sup> day:

Birdwatching.

The canoeing activity will be held in partnership with *Douro Activo*, however, the practice of this activity is not allowed during the period between 15 of March and the 30 of June, because of the nesting of rupiculous bird species in the valley of the Douro River.

Birdwatching activity will be organized for groups with at least two adults and a maximum of eight people.

## TO BETTER ENJOY THE ACTIVITIES, WE ADVISE THE USE OF:

- Clothes and shoes suited to walking in the fields and adapted to according weather;
- Binoculars;
- Field telescope and tripod;
- Camera;
- Notebook and pencil, or other means of recording your observations;
- Field guides;
- Hat:
- Sunscreen in the Summer;
- Canteen with drinkable water.

## HOWEVER, DOURO PULA CANHADA WILL GARANTEE THE FOLLOWING EQUIPMENT:

- 2 Binoculars 8x42;
- 2 Binoculars 10x42:
- 2 field telescopes with an ocular 20-60x and tripods;
- Birdwatching field guides in Portuguese, Spanish and English.

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### **PRICES:**

■ 2 days = 223,00 €/person (\*)

(\*) Includes: Transportation in all road vehicle, 1 kayak and paddles to each 2 persons, suitable equipment, specialized guide, obligatory insurance and 4 meals based in local gastronomy and regional products.

For more information please refer to the **Terms and Conditions**.

We advise you to read the section Good Practices

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